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## Fall All-Courant Honors

*This is the 26th school year we have been honoring high school student-athletes. This year we depart from the past to concentrate on area athletes for our All-Courant teams.*

*We consider 71 schools to be in our circulation area and from them hundreds of names appear in this section. Field hockey, football, girls volleyball, and boys and girls soccer are selected by The Courant's high school sports staff in conjunction with those associated with the sports. Girls swimming and cross country selections are based on performances in CIAC championship meets.*

*We also have named an area player of the year in each sport.*



The Trophy Case at Glastonbury High School got much more crowded after a glorious fall season brought one significant achievement after another. (RICHARD MESSINA / HARTFORD COURANT / December 22, 2008)

**FOOTBALL: OFFENSE**  
**Offensive Player Of The Year, Glastonbury's Jordan Brown**  
Rushed for 2,143 yards and 34 touchdowns on 226 carries, averaging 9.5 yards a carry. Led the team with 230 points. Ran for 878 yards in his final three games against New Britain, Newtown in a Class LL semifinal and Cheshire in the final.

**FOOTBALL: DEFENSE**  
**Defensive Player Of The Year, Southington's Ryan Gemmell**  
Led the Blue Knights in solo tackles (54) and total tackles (111). Had three tackles for losses, two interceptions and one sack. He had seven tackles, one for a loss, and nine assists against Bristol Eastern.

**BOYS SOCCER**  
**All-Courant Boys Soccer Player Of The Year, Farmington's Spencer Noon**  
As captain, helped lead Farmington to the Class LL championship with a 2-1 victory over Glastonbury. ... Had 24 goals and six assists for the Indians, who were ranked No. 1 in the final state coaches poll.

**GIRLS SOCCER**  
**All-Courant Girls Soccer Player Of The Year, Avon's Jillian Strassner**

### ALL-COURANT TEAMS

- Football: Offense
- Football: Defense
- Boys Soccer
- Girls Soccer
- Boys Cross Country
- Girls Cross Country
- Field Hockey
- Girls Swimming
- Volleyball

### TOP STORYLINES

- Football
- Boys Soccer
- Girls Soccer
- Boys Cross Country
- Girls Cross Country
- Field Hockey
- Girls Swimming
- Volleyball

### FINAL POLLS / RESULTS

- Football
- Boys Soccer
- Girls Soccer
- Boys Cross Country
- Girls Cross Country

### iTEAMS

#### HIGH SCHOOL SPORTS BLOG

- Boys Hockey: "Week 2 State and Area Ratings."
- Boys Hockey: "Some More Score Updates from Saturday."
- Boys Hockey: "Saturday Score Updates."
- Boys Hockey: "Week 1 Awards."
- Boys Hockey: "Final Score Updates from Tuesday."
- More...

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All-American in 2008; All-New England 2007-08; All-State 2006-08; 24 goals, seven assists in 2008; 67 career goals, 27 career assists. Helped lead Avon to the 2008 Class L semifinals and a 16-2-1 record.

- **Field Hockey**
- **Girls Swimming**
- **Volleyball**

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#### BOYS CROSS COUNTRY

##### **All-Courant Boys Cross Country Runner Of The Year, Tolland's Ryan King**

Helped his team win the Class M state championship. ... Won NCCC championship in 15:43, one second off the course record at Windsor Locks, nine seconds faster than he ran as a junior, and helped Tolland win the conference title.

#### GIRLS CROSS COUNTRY

##### **All-Courant Girls Cross Country Runner Of The Year, Glastonbury's Kristen Malloy**

A transfer from Maryland, where she was the state 3A champion, she helped Glastonbury pick up where the Tomahawks left off last year, as the top girls team in the state.

#### FIELD HOCKEY

##### **All-Courant Field Hockey Player, Simsbury's Emily Buda**

Scored 18 goals and had 15 assists for Simsbury, Class L co-champion. Total of 63 goals and 41 assists over four years. ... Coca-Cola State Player of the Year.

#### GIRLS SWIMMING

##### **All-Courant Girls Swimmer, St. Paul's Faith Martin**

Won the 200-yard individual medley at the State Open in 2:01.60, breaking the state record set by Greenwich's Chantal Rawn in 1994 and her personal record by 6 seconds.

#### GIRLS VOLLEYBALL

##### **All-Courant girls volleyball player, Coventry's Emily Lebowitz**

Four-year starting setter on Coventry's three-time Class S state champions. In four years, her team went 103-1, losing only in the Class S final her freshman year. The Patriots have a 71-match win streak.

#### Photos



All-Courant Athletes Of The Year

#### Share your congratulations

*The Courant congratulates all Connecticut high school athletes on a great fall season.*

*Share your congratulations with your favorite athletes and teams.*

Two players from the SCC!! Cheshire and Mercy are two of the top LL teams in the state. Cheshire was in the finals and Mercy knocked off the Courant #1. Why not call it what it is - NCC/CCC along with those "strong" Class S shoreline teams!!

*Submitted by Sports Fan  
9:45 AM EST, Dec 30, 2008*

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#### Players, Teams To Watch

*Which Connecticut high school boys basketball players and teams will stand out this season?*

Coaches should think about alumni living across the country and post their scores in a timely fashion.

*Submitted by SallyB  
9:10 AM EST, Dec 29, 2008*

Post the scores on the CIAC website, coaches. AD's get them on the ball.

*Submitted by J. Beane  
9:44 PM EST, Dec 28, 2008*

I too find it hard to believe the lack of h.s. basketball scores being posted. Coaches need to post scores on the CASCIAC website, so that rankings by record can be listed for each class.

*Submitted by Dave S.  
8:39 PM EST, Dec 28, 2008*

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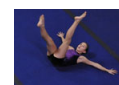
#### HIGH SCHOOL PHOTOS



Boys Basketball: Cromwell 64, Westbrook 35



Manchester 68, Bristol Eastern 48



Farmington High School Gymnastics



Boys Soccer, Class LL Championship: Farmington 2, Glastonbury 1

**Girls Soccer: South Windsor 3, Bristol Central 2**

[Photos](#)

**Girls Volleyball: Coventry 3, Lyman Memorial 0**

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**Boys Soccer: Farmington 5, Manchester 0**

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